

**London North Kent Intergroup of Alcoholics Anonymous**  
**Minutes of the meeting held on Wednesday 10 January 2024 at 8pm**  
**Venue: Hayes Old Church School Halls**

**1. Welcome, introductions, apologies etc**

Vic, as Chair, opened the meeting at 8pm and welcomed all attendees.

**In Attendance**

Vic – LNKIG Chair/PI Liaison/Bexleyheath Saturday  
Malcolm M – LNKIG Vice Chair  
Alan N – LNKIG Treasurer/GSR Orpington Mon  
Nick P – LNKIG ELO/GSR Dartford Tuesday  
Tracy – GSR Petts Wood Monday  
Peter M – GSR Keston Saturday  
Colin – Outgoing GSR Orpington Saturday  
Bill G – GSR Sunday Burnt Ash  
Brian E – GSR Badgers Mount Sunday  
Graham P – GSR Orpington Sunday  
Claire C – GSR Bethlem Thursday  
Gemma – GSR Beckenham Friday  
Natasha M - GSR Beckenham Wednesday  
Ian G – GSR Sidcup Wednesday Night  
Dave N – GSR Gravel Road Wednesday  
Rob Thomas – GSR Bromley Common Wednesday Lunchtime Chip  
Paul R – GSR Monday Keston Meditation  
Nicola – Guest

**Apologies**

Clare P – LNKIG Health Liaison  
Frank C – LNKIG Share Magazine Liaison  
Mary – GSR Bromley Saturday Lunch Time  
Ian – GSR Hayes Online Sunday  
Annie – LNKIG TLO/ GSR Thursday Hayes Step  
Sue – Beckenham Thursday  
Patricia M – GSR Sidcup Sunday  
Jacky – GSR Friday Salvation Army  
Francis – GSR Monday Lunchtime Salvation Army  
Jill H – GSR Sidcup Wednesday Women’s Meeting

**Preamble** – read by Vic

## **Silence for the still suffering alcoholic**

### **Introductions of New GSRs**

Rob was introduced as new GSR for Bromley Common Wednesday Lunchtime. Jill is the new GSR for Sidcup Wednesday Women's Meeting, but was unable to attend.

### **2. Minutes of last meeting approved**

Minutes of the previous meeting held on 1 November 2023 were approved.

### **3. Vacancies**

It was noted that the following positions are available:

- ⌚ ECLO (Electronic Communication Liaison Officer)
- ⌚ YPLO (Young Persons Liaison Officer)
- ⌚ PLO (Prison Liaison Officer) – potentially to be filled by Essie.

### **4. Business to Discuss**

- ⌚ On behalf of Jacky, the Chair reminded the Group that the new Structure Handbook and Service Handbooks are now available from York, free of charge. All Groups should have copies of these.
- ⌚ Short presentation received from Ian regarding Bethlem service. This is a valuable connection with Bethlem, passing on the message to the 90 male residents. It was proposed that LNKIG provide financial support to Bethlem for the provision of literature, and this was approved.
- ⌚ Short presentation received from Rachel D and Frank O, Conference Delegates, in respect of this years Questions for Conference. They encouraged participation in the survey, either individually or as Groups, and advised of the three Zoom sessions on Tuesday 16<sup>th</sup>/23<sup>rd</sup>/30<sup>th</sup> January. GSRs need to provide Group feedback online by 31<sup>st</sup> March.
- ⌚ Ros R provided the meeting with the summary of accounts for the 2023 Convention as requested, and there were no further comments on this. This year's LNKIG convention, is being held at Chislehurst Caves (ie. the same venue as in 2023) on 23 March 2024. Tickets are still available. Current Committee is Ros, Vic (Treasurer) and Nick, with support from within the Fellowship. There was a discussion regarding the need for a new Committee for the 2025 Conference if anybody is interested.
- ⌚ Nick reported that the October Workshop would be running again in 2024.

- ⌚ Discussion regarding regularity of LNKIG meetings. It was agreed that the current bi-monthly meetings are adequate.
- ⌚ Engagement of All Groups with LNKIG. A discussion was held regarding LNKIG's desire to get all AA groups to have representation at Intergroup level. Vic proposed that a concerted effort should be made to reach out to these groups. Ros to put together a list of meetings where there are no GSRs.

## 5. **Officer reports**

### Chair

No report this time.

### Secretary

Nothing to report this time.

### Treasurer

The treasurer's report for the period from 1 November 2023 to 8 January 2024 had been circulated in advance.

### Health

Clare P was absent from the meeting but submitted a written report as follows:

Princess Royal Hospital every Thursday; they have a large team, and it works very well. Volunteers give the patients a newcomer's pack and a leaflet which explains a bit about AA and gives local meetings. Still going strong. One of the regular patients has been seen at meetings.

Green Parks volunteering is now up and running following a successful recruitment drive. Most volunteers have now completed their training and the sessions should be commencing in January.

### PI

Vic reported that the project to get literature into all custody suites was gaining momentum.

### Employment

Nick P advised that an "awareness" pack was to be mailed to a large list of companies. It was agreed that LNKIG would provide £200 for the postage of this.

### Region

Ros submitted a written report as follows:

The last meeting for that group took place on 10 November 2023. This was the AGM so

all existing positions were ratified, and a new PLO and Conference Delegate were approved. Frank C was voted in as Share Magazine Regional Officer. Vacancies for Health Liaison Officer, Probation Officer, Young Persons Liaison Officer and an Alternate Conference Delegate still exist. The next LRS Region meeting is to be held on Sunday 3<sup>rd</sup> March NOT 10<sup>th</sup> March due to this being Mothering Sunday.

Telephones (TLO)

Annie sent apologies for this meeting.

Share Magazine

Frank C sent apologies and many copies of the Share Magazine were distributed at the meeting. More Share Subscription forms were distributed for circulation. It was noted that since Frank has taken over as LNKIG and Regional Share Magazine Officer, there has been a wider awareness and distribution of the magazine.

For individual GSR updates on the status of various groups, please see appendix.

**6. AOB**

None

The date of the next meeting, to be held face to face at a location to be advised on 6<sup>th</sup> March 2024.

Meeting closed with the Serenity Prayer.

GSR Reports below:

## Appendix – Individual GSR Reports from LNKIG Groups

	Group Name	GSR in post	Report
1	Badgers Mount Sunday Morning	Yes	<b>Very well attended meeting. Regular members, visitors from other groups and newcomers from The Priory. Self supporting with regular contributions to LNKIG. All major service positions filled currently, secretary rotating 14<sup>th</sup> January.</b>
2	Sidcup into Action Thursday Night	Yes	No report this cycle
3	Keston Saturday Morning As Bill Sees It	Yes	Well attended meeting with an influx of newcomers. All positions filled. Regular contributions to Intergroup.
4	Wednesday Lunchtime Bromley Common Discussion Gravel Road	Yes	<b>A good core of regulars together with newcomers and visitors. Self Supporting and continues to make contributions to LNKIG. All major service positions filled. Greeting and Chairfinding is shared amongst the group.</b>
5	Sidcup Women's Wednesday	Yes	<b>Well attended, newcomers every week. All service positions are filled and financially stable.</b>
6	Hayes Priory Sunday (online)	Yes	<b>This meeting is running with a core group of approximately 8 to 10 members with regular visitors and newcomers. The group usually has 10 to 20 members. Many have lengthy experience of the AA fellowship and are based locally, and some are national and others are international members. The group does not directly collect Tradition 7 - it is suggested to member that any contributions are either submitted direct to AA UK or via a members local 'face to face' group. A member has donate the use of a 'virtual' Zoom conference room for this meeting. The group has a lead Secretary/Host and several 'support' Secretary/Host. Also, this 'administrative' team support the meeting by identifying members still will to do 'online' chairs. The group has experienced a number of recent severe Zoom 'bombing' attacks which have been difficult to manage owing to the more complex nature of these attack. We believe it's the same person or persons involved as they are using names of regular members to login. The group has put in a number of new safe guarding procedure (by group conscience) however this may have made AA</b>

			slightly less attractive to newcomers or late comers but where possible we try explain the reasoning behind the groups safeguarding measures. This group plans to stay online for the foreseeable future
7	Bexleyheath Came to Believe Saturday Morning	Yes	<b>Well attended, all positions filled. Voted at a GC to give newcomers Big Books</b>
8	Beckenham Discussion Tuesday Night	Yes	All service positions filled, financially healthy, good amount of newcomers. A couple of service positions are up in the next couple of weeks
9	Bromley College Road Monday Night	Yes	No report this cycle
10	Sidcup Wednesday Night	Yes	<b>Self-supporting financially. All service positions filled. Good mix and increasing numbers.</b>
11	Green St Green Sunday Lunchtime	Yes	Meeting well attended and financially sound with service positions filled
12	Orpington Monday Night	Yes	<b>Continues to be financially stable and attracting newcomers. All service positions filled.</b>
13	Bromley Methodist Church Wednesday Night	Yes	No report this cycle
14	Bromley Stepping Stones Tuesday Night	Yes	No updated report, but previously stated that it was well attended. Service positions filled. Financially solvent.
15	Beckenham Wednesday	Yes	<b>Solid meeting. Solvent. In need of a male greeter position due to rotation in February.</b>
16	Bromley Newcomers Burnt Ash Sunday Night	Yes	<b>Meeting is well attended and solvent, all positions filled.</b>
17	Sidcup Sunday Night	Yes	<b>Self supporting. All positions filled except for female greeter and literature secretary. The meeting is cosy is in a small room. The service members turn up regularly , but needs more attendees.</b>
18	Bromley Saturday Lunch	No	<b>GSR position is vacant. All other positions are filled.</b>
19	Petts Wood Principles of Recovery Monday Night	Yes	<b>Well attended and self-supporting. New service positions being rolled out. 1<sup>st</sup> Birthday 15<sup>th</sup> January extended meeting with two shares.</b>
20	Bromley Friday Morning	Yes	<b>All positions filled, well attended, financially sound, regularly have newcomers attending. Newcomers receiving Share Magazines as a gift</b>
21	Petts Wood Friday Night	Yes	No report this cycle

22	Keston Monday Night	Yes	<b>Meditation meeting is well attended and in good financial health, positions all filled.</b>
23	Thursday Night Hayes Step	Yes	<b>Meeting is solvent. Numbers have gone up massively since meeting was shortened to 1 hour 15 minutes and don't read the whole step. Lots of regulars. All service positions filled although a few up for renewal soon. Good meeting.</b>
24	Wednesday Bromley Common Chip Lunchtime	Yes	<b>Meeting now has a GSR. Well attended meeting including joint platform with Al-Anon first Wednesday of every month. Fully self supporting financially.</b>
25	Saturday Night Wellington Road Candlelit Meeting	TBC	<b>Fully supported, all service positions filled, meeting doing well.</b>
26	Tuesday Night - Dartford	Yes	<b>All positions filled. Steady amount attending. Financially viable.</b>
27	Thursday Beckenham Lunchtime	Yes	<b>Solvent, well attended and all positions filled except for female greeter.</b>
28	Friday Night Eden Park, Beckenham	Yes	<b>Well attended, working towards prudent reserve, all positions filled, carry the AA message.</b>
29	Bromley Monday Lunch at Salvation Army	Yes	<b>All positions filled. Going well.</b>